



FEBRUARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 HAMBURGER/CHEESEBURGER OR VEGGIE BURGER OVEN BAKED FRIES SWEET PEAS PEARS GF BUN AVAILABLE	2 ASSORTED PIZZA OR GLUTEN FREE PIZZA CELERY STICKS APPLE SAUCE CUP SPECIAL DESSERT
5 100% ALL BEEF HOTDOG OVEN BAKED FRIES GREEN BEANS APRICOT CUP GF BUN AVAILABLE	6 HAMBURGER CHEESEBURGER OR VEGGIE BURGER BAG OF CHIPS CARROTS STRAWBERRIES GF BUN AVAILABLE	7 MAKE YOUR OWN TACO NACHO CHIPS SALSA SOUR CREAM CHEESE LETTUCE BLACK BEANS GF SHELL AVAIL CORN APPLE	8 FISH STICKS COLESLAW STEAMED BROCCOLI WHOLE WHEAT ROLL MIXED FRUIT	LUCKY TRAY DAY ASSORTED PIZZA OR GLUTEN FREE PIZZA TASTY CHICK PEAS APPLE SAUCE SPECIAL DESSERT
12 PASTA WITH MEAT SAUCE OR GLUTEN FREE PASTA CHEESE STICKS SWEET CORN BANANAS	CHICKEN NUGGETS OR VEGETARIAN NUGGETS GREEN BEANS WW ROLL FRESH RED APPLE VALENTINE DESSERT	14 HAMBURGER VEGGIE BURGER BAG OF CHIPS CARROT STICKS RAISINS GF BUN AVAILABLE	15 FRENCH TOAST STICKS LITE SAUSAGES BROCCOLI TREES SWEET PEARS	16 ASSORTED PIZZA OR GLUTEN FREE PIZZA MARINATED BLK BEAN SALAD MIXED FRUIT
26 HOMEMADE MAC & CHEESE GLUTEN FREE MAC & CHEESE WHOLE WHEAT ROLL STEAMED BROCCOLI SWEET DICED PEARS	27 SPAGHETTI & MEATBALLS GLUTEN FREE VEGGIE SAUCE CUCUMBERS & TOMATOES CINNAMON APPLE SAUCE	28 TOASTED CHEESE SANDWICH TOMATO SOUP CARROT STICKS & DIP MIXED FRUIT GF BREAD AVAILABLE	29 MEATLOAF DINNER MASHED POTATOES GRAVY ROLL SWEET DICED PEACHES	

LUNCHEs ARE SERVED WITH 1% WHITE OR FAT FREE CHOCOLATE MILK, (.50 IF PURCHASED ALONE) VEGETABLE OF THE DAY AND FRUIT. LUNCH WILL BE FREE TO ALL STUDENTS UNTIL 6/30/2024. OUR MEALS ARE PLANNED TO COMPLY WITH THE USDA DAILY RECOMMENDED GUIDELINES. SUN BUTTER & JELLY SANDWICH, ASSORTED SUBS & HOMEMADE PIZZA WILL BE OFFERED DAILY AS AN ALTERNATE BEGINNING AUGUST 31ST. ALL MEALS ARE OFFERED FREE TO QUALIFYING STUDENTS. PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION.

WE WELCOME YOUR COMMENTS & QUESTIONS, PLEASE FEEL FREE TO CALL ANYTIME AT 978-402-8666 OR EMAIL SROBICHAUD@CARLISLE.K12.MA.US OUR PRE-PAYMENT OPTION TAKES A LOAD OFF YOUR MIND, PLEASE VISIT THE CARLISLE SCHOOL WEB-SITE FOR MORE INFORMATION.

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